



NAVAL BASE VENTURA COUNTY

PLAN OF THE WEEK



- - OFFICIAL USE ONLY - -

The Plan of the Week contains both official and unofficial matter. All personnel are charged with the knowledge of its contents. All orders shall be considered as issued by the Commanding Officer.

COMMANDING OFFICER

CAPT James W. Rainwater

CHIEF STAFF OFFICER

CAPT Robert J. Westberg, Jr.

CMC: CMDMC(SW) Solinap: 989-8484

CMEQ: ACCS(AW) Friel: 989-8855

OOD: 989-7209/982-4571

HOTLINE: 989-8355

DAPA: ETCS(SW) Arnaud: 989-8388

EMERGENCY: 911

BM1(SW) Massengill: 982-4841

email: MassengillEE@nbvc.navy.mil

OMBUDSMAN:

Mrs. Monica Streeter: 984-1920

CAREER COUNSELOR:

NC1 (SW/FMF) Tye: 989-8728

SSOQ: MS1(SW) Kelly D. Walker

JSOQ: AZ3 Stephanie M. Baker

SEXUAL ASSAULT VICTIM INTERVENTION PROGRAM COORDINATOR: Paula Phillips, 989-8146

EXCEPTIONAL FAMILY MEMBER COORDINATOR: RPC(SW) Bernardo, 989-7967

NAVAL BASE VENTURA COUNTY ON THE WORLD WIDE WEB AT: <http://www.nbvc.navy.mil/>

GMT Topic of the Month: Financial Management Training

16 - 22 JULY 2001

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
16 JUL	17 JUL	18 JUL	19 JUL	20 JUL	21 JUL	22 JUL
CDO: MSCS MILLER	MSC MANALILI	MSCS BUNGGAY	MSCS VELASCO	BUC COOK	ENS MOHR	ENS WALKER
OOD: SW1 HAYES MS2 MANIPON EM1 ABOY	SW1 HAYES MS2 MANIPON EM1 ABOY	BU2 BLANCATO CM3 MERTES IC2 LOVEYS	BU2 BLANCATO CM3 MERTES IC2 LOVEYS	SW1 HAYES MS2 MANIPON EM1 ABOY	SW1 HAYES MS2 MANIPON EM1 ABOY	SW1 HAYES MS2 MANIPON EM1 ABOY
<u>SUNRISE/SUNSET</u>						
0557/2008	0557/2007	0558/2007	0559/2006	0559/2006	0600/2005	0601/2005
<u>LOW/HIGH TIDE</u>						
0123, 1205 0721, 1833	0205, 1253 0815, 1915	0247, 1341 0909, 2003	0329, 1435 0951, 2045	0411, 1522 1032, 2132	0458, 1610 1120, 2220	0540, 1710 1202, 2308
RANK	UNIFORM OF THE DAY		WORKING UNIFORM			
Officer/CPO	Service Dress White		Summer White/Service Khaki/CUU			
E-6 and below	Service Dress White		Summer White/Utility/CUU			

(* INDICATES NEW NOTE)

1. **DAPA NOTE**. The Navy currently has the following resources to educate our Sailors:

CAAC Port Hueneme - Provides the basics in Alcohol and Drug awareness.

The Right Spirit - Alcohol Abuse Prevention and Deglamorization Campaign - Designed to enhance fleet readiness, provide a safe and productive work environment, improve quality of life for Sailors and families, and promote responsible use of alcohol.

ADAMS for Supervisor - Provided to assist supervisors in identifying signs and symptoms of possible alcohol problems and intervening before they become an incident (this is mandatory for all E -5 and above).

Alcohol - AWARE - Command level course that includes basic information about alcohol use and associated risks, Navy policies, responsible drinking, and alternatives. It is targeted for E-1 through E-4 and O-1 through O-3 population.

For additional information on any of the above programs, contact the Command DAPA, ETCS(SW) Arnaud at 989-8388 or the Assistant Command DAPA, BM1(SW) Massengill at 982-4841.

*2. **DRUG ABUSE DISCHARGE PROCESSING AND CONSEQUENCES**. In addition to potential punishment and unfavorable discharge, drug abusers may lose many benefits and privileges in the civilian world. Drug abusers: A. Must surrender their ID cards and lose all base privileges. B. Are not entitled to mileage reimbursement to their home of record. C. Will not be paid for any leave on the books. D. Are not entitled to transportation for their dependents or household goods out of area. E. May not retain or wear their uniform, awards, or medals. F. Lose Civil Service employment preferences. G. Cannot be employed as District Court Bailiff, Policeman, or Fireman. H. Lose all their Montgomery GI Bill education benefits and may even lose their eligibility to receive any Federal Educational Assistance.

*3. **WATERFOWL SEASON**. It is time to start preparing for the 2001/2002 Waterfowl season. All individuals wishing to hunt on base are required to pass a Safety/Waterfowl identification test and pay a \$10.00 annual fee. The tests will be given on Wednesdays **19 Sep, 26 Sep, and 3 Oct 01** from 1200-1300, at the Point Mugu gun club. For more information call 989-5101. Volunteers are also needed to repair duck blinds. If you want to help get the blinds in top shape for the upcoming season and earn a few priority chits for your efforts, call the Beach Motel office at 989-8407 between **1-24 Aug** to sign up.

*4. **JOINT BLOOD DRIVE**: On **8 Aug**, the American Red Cross and United Blood Services will hold a blood drive at Naval Base Ventura County from 0900-1500. See the attached flyer for details.

*5. **MANDATORY FORCE PROTECTION STAND-DOWN**. There will be three mandated Anti-Terrorism/Force Protection (AT/FP) Standown presentations for NBVC personnel. One presentation will take place at Needham Theater (NBVC Port Hueneme) on **18 Jul** from 0830-1000. Two presentations will be given at the Base Theater Point Mugu on **19 Jul**, the first from 0830-1000 and the second from 1330-1500. Attendance of this training is mandatory for all NBVC personnel, active duty and civilian. Due to limited seating, tenant commands will not be able to attend this training except as might be otherwise

6. **NBVC NETWORK USERS**. All NBVC Network users are reminded to complete the first annual NBVC Information Assurance User Awareness Training. The training can be completed by going to the following website: <http://199.114.16.27/CIO/kathie/ppt/NBVC Web Training7.ppt>. Those personnel who don't complete the training will have their user account locked until the training is completed, and the User Agreement received by the Information Systems Security Manager. All personnel are required to register, sign, and return the User Agreement to the ISSM (guardmail to Code N60VC5 or fax to 989 -7070) and ensure that you receive proper credit for the course. If you have problems with this link contact Cuong Ton at 982-2986. For additional information concerning the training, contact Kathie Wotkyns at 989-4865.

*7. **HEALTH PROMOTION**. Eating fresh fruit instead of drinking juice can make it easier to manage your weight. A large fresh orange contains 80-100 calories, the same as 1 cup of orange juice. But fresh fruit can be more satisfying because it takes longer to eat and contains fiber.

*8. **ATTACHMENTS**

- a. SEABEE Days Flyer
- b. NBVC Bachelor Housing Geographical Bachelor New Requirements
- c. Red Cross Blood Drive


L. L. ROUTSON
By direction



**SATURDAY
JULY 21**

**SUNDAY
JULY 22**

**NAVAL BASE
VENTURA COUNTY,
PORT HUENEME**

**EVERYONE'S WELCOME!
FREE ADMISSION & PARKING**

**FOR DIRECTIONS, SCHEDULE, REGISTRATION FORMS AND MORE, CHECK OUR WEBSITE OR CALL
(805) 982-6000 • WWW.NCBC.NAVFAC.NAVY.MIL**

MILITARY PARADE

SATURDAY - 11 AM

MILITARY DISPLAYS

ALL WEEKEND 11 AM - 5 PM

CARNIVAL & GAMES

FREE ENTERTAINMENT

KAROKÉ CONTEST

SEABEE MUSEUM TOURS

CRAFT & VENDOR BOOTHS

MOTORCYCLE SHOW

CLASSIC CAR SHOW

SHIP TOURS OF -

USS McCLUSKY (FFG 41)

USCGC GEORGE COBB

SATURDAY NOON - 4 PM

SUNDAY - 11 AM - 4 PM

SHORE TO SHIP 4 MILE RUN

SUNDAY - 8 AM

TOURNAMENTS -

SOFTBALL SATURDAY

SAND VOLLEYBALL SUNDAY

4 ON 4 BASKETBALL SUNDAY

WIN AIRLINE TICKETS - ENTER AT THE SEABEE MUSEUM

**EXIT HIGHWAY 101 AT VENTURA ROAD AND TRAVEL SOUTH FOR SIX MILES.
FOLLOW SIGNS AND ENTER AT THE PLEASANT VALLEY GATE OR VICTORIA AVE. GATE**

Subj: NBVC BACHELOR HOUSING (BH) GEOGRAPHICAL BACHELOR
(GB) NEW REQUIREMENT

1. In compliance with COMNAVREGSOUTHWESTINST 11103.1B, we are required to maintain the following records on every GB:

- Completed "Request for GB Berthing" Form
- Command Endorsement Letter
- Copy of your Page 2 (Service Record)
- Copy of Current Month Leave and Earning Statement (LES)
- Copy of PCS Orders

2. All tenant and host command sponsors are encouraged to inform incoming personnel of this requirement prior to their report date. Military members who provide their packages in advance can make arrangements for berthing prior to their arrival. Newly reported GB personnel will be given a temporary room and will have 48 hours to provide above documentation in order to be berthed.

3. With the exception of a Command Endorsement Letter, GB's that are already in-house need to submit above paperwork NLT 31 Jul 01. GBs will remain in the current room they occupy. However, GBs are reminded that they are housed on a space available basis. If space is needed for transient, E4 and below personnel, or E5/E6 rotational personnel, GBs could be asked to relocate or vacate. If this need should arise, GBs will be given 7 calendar days for relocation or 10 workdays to find accommodations on the economy.

4. Military members that fail to submit above requirements by the due date will be considered to be in non-compliance which could lead to eviction from Bachelor Housing.

5. GB package and questions should be submitted to your respective BH Site Manager as follows:

Port Hueneme BOH:	MSCS(SW) Miller 982-5182/5785
Port Hueneme BEH:	MSC(SW/AW) Ugalino 982-1999/4497
Point Mugu CBH:	MSC(AW) Delossantos 989-1079/8251



One for Three.

You can save three lives by donating one unit of blood.

On August 8 the American Red Cross & United Blood Services will hold a blood drive here at Naval Base Ventura County to benefit our local communities and county. The times & locations are as follows: American Red Cross – 9 a.m. to 3 p.m. at the Chapel of Faith, Point Mugu; United Blood Services – 9 a.m. to 3 p.m. at the Seabee Chapel, Port Hueneme. It is open to all civilian and military personnel.

You can call ahead and make an appointment to come in at a convenient time that day to make your donation. Please call Chief Bernardo at (805) 982-4488 to set your appointment. Refreshments and several gift items will be provided to all donors.

Your support will go a long way to ensuring an adequate blood supply for our loved ones in the community. Thank you.